



# SHELL COVE WALK or RUN for FUN

SUNDAY 10 MARCH 2019

Come and enjoy a relaxed 6km walk/run or 9km  
challenging run through Shell Cove's beautiful reserves

## OFFICIAL ENTRY FORM

Register online prior to the day  
for early bird discount

[www.shellharbourcityfestivalofsport.com.au](http://www.shellharbourcityfestivalofsport.com.au)

### Early Bird discount

Senior \$10.00

Junior (u18) \$5.00

Family (2 adults/2 child u18) \$25

### Entry on the Day

Senior \$15.00

Junior (u18) \$8.00

Family (2 adults/2 child u18) \$35

### Alternate payment options

#### Cheque or Money order to:

Shellharbour City Festival of Sport

#### Direct Deposit

BSB: 814 282 Account No. 42111737

Please use your surname as reference

#### Enquiries:

Shellharbour City Festival of Sport

PO Box 105

Shellharbour City Centre NSW 2529

Phone: **0422 602 917** or 02 4221 6169

### PLEASE USE BLOCK LETTERS

Family Name: \_\_\_\_\_ First Name(s): \_\_\_\_\_

Address: \_\_\_\_\_ Postcode \_\_\_\_\_

Phone Number: \_\_\_\_\_ Mobile: \_\_\_\_\_ Email: \_\_\_\_\_

#### Category (please tick)

Senior

Junior

Family

Children(s) Name(s) Under 18

(1) \_\_\_\_\_ DOB \_\_\_\_\_

(2) \_\_\_\_\_ DOB \_\_\_\_\_

#### Route (please tick)

5.8km Course

8.4km Course

TOTAL COST \$ \_\_\_\_\_ BIB No/s: \_\_\_\_\_

## CONDITIONS OF ENTRY

- I, the undersigned, in consideration of and as a condition of acceptance of my entry in the Shell Cove Shellharbour City Festival of Sport Walk or Run for Fun, for myself, my heirs, executors and administrators, hereby waive all and any claim, right or cause of action which I or they might otherwise have for or arising out of loss of my life or injury, damage or loss on any description whatsoever which I may suffer or sustain in the course of or consequent upon my entry or participation in the said event.
- This waiver, release and discharge shall be and operate separately in favour of all persons, corporations and bodies involved or otherwise engaged in promoting or staging the event and the servants, agents, representatives and officers of any of them and includes but is not limited to medical and paramedical practitioners and personnel, police officers and shall so operate whether or not the loss or damage is attributable to the act or neglect of any one or more of them.
- I will abide by the competition rules.
- I will walk/run on the approved course as directed, will not accept assistance and will accept the judges decision as final.
- The organisers have the right to reject or cancel any event entry at any time.
- I acknowledge I will not be awarded a place unless I wear an official competitors chest number on my chest and the entire number and colours strip is visible throughout the event.
- I will walk/run on the left hand side of the road walking/running with traffic unless otherwise directed by police or event marshals.
- Supporters must not follow competitors; the only vehicles allowed to follow the race being police and official cars.
- The event committee reserves the right to alter without notice any of the rules and conditions that govern the event.
- Photographs of this event including people will be taken for promotional purposes and the Shellharbour City Festival of Sport Association Inc. have the right to use these photographs for promotion of the event in the future.
- I have read and understood the above Conditions of Entry and agree to abide by the rules and conditions which govern the event.
- Signed by the Entrant \_\_\_\_\_ Date \_\_\_\_\_
- If you are 18 or under, the section below must be signed by your parent or guardian.
  - I certify that I am the parent/guardian of the abovementioned entrant/s and has my consent to walk/run in this event
  - and I agree that my son/daughter and I will be bound by the above Conditions of Entry.
- Signed by the Parent/Guardian \_\_\_\_\_



THE WATERFRONT  
SHELL COVE  
SHELLHARBOUR CITY  
**FESTIVAL OF  
SPORT**

# SHELL COVE WALK or RUN for FUN SUNDAY 10 MARCH 2019

**Start Time:** 9.00am

Register online or on the day prior to 8am

**Start and Finish:** Main Park/Freya Reserve, off Cove Boulevard, Shell Cove

**Drink Stations** will be located at start/finish as well as at the half way mark

**Presentation** of prizes commence at 10.15am

**\*Prams and strollers welcome\***



**Register online prior to the day and SAVE**

[shellharbourcityfestivalofsport.com.au](http://shellharbourcityfestivalofsport.com.au)  
Or register on the day from 8.00am

**FREE** drink bottle certificate of participation and piece of fruit for every participant



**Proceeds to**



**Thanks to our sponsors and local businesses that support this event**

